Appe-Teasers & Wings

All of our happy hour specials have an (H).



Loaded Nachos Housemade red & blue corn tortillas topped with cheddar cheese, black beans, green onions, avocado, tomatoes, housemade salsa, sour cream drizzle, topped with jalapeños. 13 add chicken for \$3

Caprese Salad Tomato slices, fresh mozzarella, fresh basil, extra virgin olive oil with balsamic glaze. 11 (H)

Toasted Ravioli Crunchy pillows of pasta filled with a blend of cheeses and spices, lightly toasted and served with Selma's homemade marinara sauce. 11 (H)

Bruschetta Favorito An Italian favorite, served with fresh Roma tomatoes, basil, garlic, red onions, fresh herbs, extra virgin olive oil and sprinkled with Parmesan cheese. 11 (H)

"Not Another Fried Cheese" Cheese! Provolone cheese rolled in Selma's seasonings. Served with a side of Selma's original marinara sauce. Not your everyday fried cheese, cheese! 10 (H))

Spinach Artichoke Dip & Chips Our homemade dip served with fresh corn tortilla chips. 10 (H)

The Sampler 4x4! Decisions can be so hard at Selma's, but we've eliminated that arduous task! You get 4 in 1; wings, fried cheese, toasted ravioli, and boneless wings (sorry no substitutions) 18

Garlic Cheese Bread Our home-baked bread topped with garlic spread and mozzarella cheese. Served with marinara.

Selma's Original Chips A big basket of our freshly-fried sliced taters sprinkled with seasoned Parmesan and served with ketchup and your choice of ranch or jalapeño ranch dressing. 8

Good Ol' Chicken Tenders 100% white meat battered tenders, served with ranch or jalapeño ranch dressing. 12 (H) add fries for \$4

Sauteed Chicagaoua Shrooms "Chicagaoua" the name American Indians gave Chicago for the wild garlic they found in the region. This wonderful appetizer has bunches of sautéed mushrooms tossed in a garlic wine reduction sauce, sprinkled with parsley and dusted with imported Parmesan. Served with dippin' bread. A great appetizer to share! 11 (H)

Beer-Battered Fries A basket of fries sprinkled with seasoned Parmesan, with ketchup and your choice of: ranch or jalapeño ranch. 8 Garlic Parm Fries with freshly pressed garlic Pedal to the Metal Fries with loads of cheddar cheese, bacon, avocado & green onions 12 add sour cream for \$2

Crispy Calamari served with marinara and your choice of: ranch or jalapeño ranch, served with lemon wedges. 14

Bavarian Pretzel Bites tasty bites served warm with our signature cheese dipping sauce & stone-ground mustard 9 (H)



Homemade Soups & Salads

House Salad Romaine lettuce, garbanzo beans, tomatoes and home-baked garlic croutons, with your choice of ranch, cilantro ranch, lemon vinaigrette, bleu cheese, balsamic vinaigrette, raspberry vinaigrette, Italian or oil & vinegar. Served with a home-baked roll upon request.

Regular 5.50 Large 9.50 add mozzarella Reg. \$1 Lrg. \$2

Caesar Salad Romaine lettuce, tossed in our homemade dressing, home-baked garlic croutons and sprinkled with fresh Parmesan. Served with a home-baked roll upon request. Regular 6 Large 10 add anchovies Reg. \$1.50 Lrg. \$2.50

Soup and Salad Combo Our House or Caesar Salad along with your choice of one of our regular bowls of homemade soup and a homebaked roll upon request.

Mom's Pasta Salad Chilled spiral pasta, tossed in our Italian dressing with fresh garlic, green onions, black olives, cilantro and Roma tomatoes. Topped with toasted pine nuts.

Minestrone Soup **Tomato Bisque New England Clam Chowder** Made fresh and loaded Made right here! Creamy, (made every Friday, served til it's gone!) smooth & delicious! Topped with hearty vegetables and A favorite among our regulars! Limited noodles. Slurp it up! 6 with fresh basil. supply! please check with server. 8 You will love it! "Soup puts the heart at ease, calms down the violence of hunger, eliminates the tension of the day, and awakens and refines the appetite." —Selma

"Lettuce" Tempt You

All gourmet salads come with a fresh-baked roll upon request.















Buck's BBQ Chicken Chopped Salad For the city slicker who likes to giddy-up and eat well. Selma's son has wrangled up a blend of romaine, tomatoes, corn, black beans, cilantro, green onions, provolone cheese, tortilla strips and marinated chicken. Tossed with ranch dressing and drizzled with barbecue sauce. Our most popular salad! Reg 12 Ltg 16



Quinoa & Avocado Ensalada 5 way quinoa blend, chopped romaine, blackened chicken, steamed carrots, avocado, crumbled feta, corn, black beans, cilantro, red onions, tomatoes, tortilla strips, drizzled with Santa Fe dressing. Reg 13 Ltg 17



Blueberry Quinoa Salad 5 way quinoa blend, romaine, blueberries, avocado, cucumbers, crumbled feta, candied walnuts, green onions, tossed with a light zesty lemon vinaigrette. Reg 13 Lrg 17 add chicken Reg. \$2 Lrg. \$3

Chicken Caesar Salad Romaine lettuce, tossed in our homemade dressing, home-baked garlic croutons and sprinkled with fresh Parmesan. Topped with marinated chicken. Reg 12 Lrg 15 with sautéed shrimp. Reg 16 Lrg 20

Bruschetta Caesar Salad this tasty Caesar (with a twist) is made with fresh romaine lettuce, Parmesan cheese, croutons, and our signature bruschetta mix then tossed in our homemade garlicky Caesar dressing. Topped with marinated chicken. Reg 13 Ltg 17 with sautéed shrimp. Reg 17 Ltg 21

Greek Chopped Salad Romaine, kalamata olives, feta cheese, artichoke hearts, red onions, tomatoes and cucumbers tossed in our zesty feta dressing. Reg 12 Lrg 16 add chicken Reg. \$2 Lrg. \$3

California Club Salad This salad delivers the perfect blend of romaine, bacon, cucumbers, green onions, provolone cheese, chicken, avocado & fresh Roma tomatoes. Tossed in bleu cheese or ranch dressing. Reg 12 Lrg 16

Italian Chopped Salad Includes romaine, tomatoes, green peppers, provolone cheese, green onions, black olives, artichoke hearts, garbanzo beans and Genoa salami, with your choice of our homemade Italian dressing or balsamic vinaigrette. Reg. 12 Ltg. 16

"Sassy" Santa Fe Chicken Chopped Salad Selma's kicks in the right amount of zest to make this delight a specialty. The perfect combo of romaine, black beans, red onions, tomatoes, red peppers, provolone cheese and corn. Tossed in our Santa Fe dressing and topped with tortilla strips and blackened chicken. Reg. 12 Ltg. 16

The Fetalicious A hearty blend of ingredients including baby spinach, candied walnuts, cucumbers, feta cheese, sliced red grapes. Served with our raspberry vinaigrette. Reg. 12 Lrg. 16 add chicken Reg. \$2 Lrg. \$3

Buffalo Crunchy Chicken This salad could realistically solve world peace! Made with romaine, feta cheese crumbles, crunchy chicken, red onions, cucumbers, tomatoes and tortilla strips tossed in our Buffalo ranch dressing. Reg 12 Ltg 16

Artisan (skinny) Pizzas

Popeye Olive oil, spinach, goat cheese, mozzarella, tomato, red onions, garlic 16

Red & White Alfredo sauce, garlic, blackened chicken, bruschetta topping 16

T.P.G.M. Tomato sauce, pepperoni, garlic, mushrooms, mozzarella 15

Just Thai It! Chicken, mozzarella, cilantro, carrot threads, green onions & thai peanut sauce 15

 $\textbf{Solstice} \ \ \textbf{Sun-dried tomato, artichoke hearts, basil \& alfredo sauce} \ \ \textbf{16}$

Weekday Lunch Specials

Open to 3pm

We offer great lunch specials!
Choose from deep-dish or thin
crust pizzas, pastas, sandwiches,
wraps, gourmet salads or soup &
salad combos!

...including draft beer specials!

Ask your server for details.

Fundraisers are fun!

Our "Eat Dough Raise Dough" fundraiser program is easy, fun, and productive! Available Monday, Tuesday, Wednesday or Thursday.

(Ask a manager for more details.)



Catering



Selma's loves to party!

Call us for all of your catering needs.

Fresh Baked Deep Dish or Thin Crust Pizzas

All Deep Dish Pizzas are Topped with Fresh Roma Tomatoes

Thin Crust Pizzas are available in 10" small (4 slices), 12" Medium (6 slices) & 16" Large (10 slices)

	Small	Medium	•
Slices: Cheese & Tomato	4 11.95	6 14.95	8 1 <i>7</i> .95
You may add	11.93	14.93	17.93
1 Ingredient	13.80	17.40	20.90
2 Ingredients	15.65	19.85	23.85
3 Ingredients	17.50	22.30	26.80
Each additional ingredient add	1.85	2.45	2.95
Sauteed Shrimp topping add	4.00	6.00	8.00
Substitute Vegan Cheese add	1.00	2.00	3.00
Gluten-Free/Vegan Thin Crust (small & large only) add	3.00		3.00
Pedal to the Metal Special "The Works" (our most popular!)	20.50	25.50	29.50
Ground meatballs, pepperoni, Italian sausage,			
black olives, fresh mushrooms, green peppers, onions			
Hawaiian Trio Tavern ham, bacon, pineapple	18.25	23.05	27.55
Solstice (V) Sun-dried tomato, basil, artichoke hearts, Alfredo sauce	18.75	23.75	28.00
Da' Vinny! Pepperoni, Italian sausage, fresh garlic, fresh mushrooms	18.75	23.75	28.00
Buffalo Wing Wing sauce, chicken, celery, red onions	19.50	24.50	28.50
Veggie Special (V) Black olives, mushrooms, green peppers, onions, tomatoes	18.25	23.05	27.55
Santa Margarita (V) Olive oil, fresh garlic, basil, fresh Parmesan cheese, tomatoes	18.25	23.05	27.55
White Sox (V) Olive oil, fresh garlic, ricotta & Parmesan, tomatoes, fresh spinach	18.75	23.75	28.00
Smoking Inferno Jalapeños, meatballs, pepperoni, Italian sausage	18.75	23.75	28.00
Wacky White Alfredo sauce, chicken, fresh basil, tomatoes	19.00	24.00	28.50
Meat Head Pepperoni, Italian sausage, ground meatballs, Tavern ham	19 <i>.75</i>	24.75	29.25
Barbecue Special Chicken, BBQ sauce, red onions, cilantro	18 <i>.7</i> 5	23.75	28.00
,,,,			
Garlic Chicken Pesto Chicken, artichoke hearts, red onions, tomatoes, homemade pesto sauce	19.50	24.50	28.50
Peppy Olive oil, fresh garlic, pepperoni, basil, fresh Parmesan cheese, tomatoes	19.00	24.00	28.50
Vegan Friendly Build your own with Vegan Cheese and Vegan G/F crust	14.95		23.45
(V)= Vegetarian			

Selma's Delicious Meats, Veggies and...

Andouille Sausage Pepperoni Anchovies Ground Meatballs

Tavern Ham Blackened Chicken Italian Sausage Grilled Chicken Black Olives Sun-dried Tomatoes Green Peppers Artichoke Hearts Cilantro

Fresh Mushrooms Onions Fresh Spinach Diced Tomatoes Extra Cheese

Fresh Garlic Pepper Rings Pineapple Fresh Broccoli Jalapeños Fresh Basil Red Onions Kalamata Olives

(+)Premium Toppings (extra charges apply)

(+)Goat Cheese

(+)Feta Cheese

(+)Fresh Mozzarella

(+)Avocado

(+)Vegan Cheese





Chicago Pizza Pies



(More time is required to bake this dreamy pizza pie, but it's so worth it!)



Chicago Pizza Pies

A true "pizza pie" with extra sauce, garlic and cheese, finished with Parmesan cheese on top. We only prepare our Chicago pies with red sauce and your choice of toppings. Sorry, no half topping requests.

> Small (10") add \$3 Medium (12") add \$5 Large (14") add \$6



Option 3 Topped with garlicky marinara sauce and parmesan cheese

Noodle Creations

Add a House Salad, Caesar Salad or Bowl of Soup for \$5 (Clam Chowder \$6) with any pasta! All pasta dishes are served with fresh baked garlic bread.

Substitute gluten-free penne pasta for \$2

Spaghetti Marinara Selma has been making this sauce for generations. Simmered with the best tomatoes and only the

Extreme Spaghetti with Meat Sauce Extremely meaty, extremely tasty and extremely homemade. 15 If you want it meatier, add meatballs \$4



Veggie Lover's Pasta Fettuccine noodles tossed in a wonderful blend of artichoke hearts, fresh mushrooms, goat cheese, capers and Roma tomatoes sautéed in olive oil, infused with fresh garlic and basil, then topped with fresh Parmesan cheese. 15

Da' Bruschetta Pasta Chicago's got 'da Bears, we got 'da Pasta! Fusilli pasta, Roma tomatoes, garlic, Parmesan cheese, and onions, sautéed in our Alfredo sauce. Chicken 16 Shrimp 20

Tomato Cream Spaghettini Two of our homemade sauces blended together for the perfect union of flavors. This dish is made up of our extreme meat sauce or our homemade marinara sauce and our homemade Alfredo. Two great worlds united! 16

Fettuccine Alfredo Selma's own recipe. Rich, creamy and seasoned just right. 15

Chicken Fettuccine Alfredo We add chicken to our signature Alfredo sauce. Mmmm! 18

Kickin' Chicken Pasta Chicken, tomatoes, and jalapeños sauteed in a light Alfredo sauce tossed with fettuccine and finished with Parmesan cheese. A kitchen staff recipe that simply won our hearts over! 18

Best O'Pesto Pasta Oh, green is so your color! Our homemade pesto sauce partnered with chicken, toasted pine nuts, fresh Parmesan and served over penne. It's the world's greatest (according to us)! 17

Spaghettini Pomodoro Fresh Roma tomatoes, sauteed in olive oil with fresh-pressed garlic, basil, goat cheese and parmesan romano. A pasta classic. 16



Baked Penne Tube pasta with sauteed red peppers, sliced button mushrooms and Andouille sausage. Served in a creamy Parmesan cheese sauce topped with shredded Parmesan and baked to perfection.

Triple-Layered Baked Ziti Penne noodles layered with meat or marinara, mozzarella and ricotta cheeses then baked to perfection. A classic and delicious dish! 16



Chicken & Broccoli Pasta Chicken or blackened chicken, penne pasta and broccoli make up this delightful trio. Tossed in our Alfredo sauce. 17

Sun-Dried Tomato Pasta Penne pasta, sun-dried tomatoes, artichoke hearts, garlic wine cream sauce, topped with fresh Parmesan and basil. 16

Lasagna of Love This is sure to knock your socks off! Over ½ pound of meat sauce, sheets of pasta and three cheeses, all comfortably nestled together then baked and slathered with meat sauce. The name says it all! Go for a Cabernet with this Italian classic. 17

Navy Pier Scampi Succulent sautéed shrimp mixed with spaghettini noodles, fresh parsley, capers and imported Parmesan, tossed in our fresh garlic wine sauce. 18





Pasta Toppers & Sides

Marinated Chicken 3 **Blackened Chicken** 4 Sautéed Shrimp 6 Steamed Broccoli 3

Homemade Meatballs 5 Andouille Sausage 3 **Sun-Dried Tomatoes** 3

Ravioli

Pick your ravioli and your favorite sauce. Served with garlic bread.

Gourmet Ravioli

Jumbo Stuffed Cheese Ravioli Filled with ricotta and other Italian cheeses.

Chicken & Spinach Ravioli Raviolis filled with uh... chicken and spinach. Let your taste buds take a spin on the wild side. 15

Wild Portobello Mushroom Ravioli Tender raviolis filled with the earth's finest. You'll say "wow" after every bite! 14

Our Signature Sauces Add -ons

Marinara

Meat

Tomato Cream

Alfredo **Mushroom Cream**

Topped with Mozzarella +2

Meatballs +5

Broccoli +3

Sauteed Shrimp +6

Pesto

Selma's Sandwiches

Add a House Salad, Caesar Salad or Soup for \$5 (Clam Chowder \$6) with any sandwich! Add avocado or bacon for 1.50



Choose bread type: White Italian Roll Parmesan Herb Roll Sourdough Bread

Panini

Meatball Classic Homemade meatballs topped with marinara sauce and provolone cheese served with marinara sauce.

Da' Sub We deliver this favorite to you with a stack of meats and cheeses, including Tavern ham, salami, pepperoni and provolone. Topped with lettuce (basil – panini-style), tomato, red onion and Italian dressing.

Chicken Pesto Chicken breast, spinach, feta cheese, mayo, pesto sauce, tomato and red onion. 14



Turkey & Avocado Oven-baked turkey breast with lettuce (basil - panini-style), tomato, garlic aioli, red onion and slices of avocado. 13

Holy Cow Special Sirloin Steak and cheese delight. Loaded with sautéed onions, peppers, mushrooms, and served with au jus. A windy city pleaser!

Choose style: Roll

Choose your 1 side: **Beer-battered Fries House-cut Chips** Mom's Pasta Salad Fresh Fruit (+\$1)

BBQ Chicken Chicken breast, red onions, cheese, tomato, mayonnaise, barbecue sauce finished with lettuce (cilantro – panini-style). We recommend panini-style here! (Avocado goes great on this sandwich +1.50.) 13

Santa Fe Chicken Blackened chicken breast, red onions, tomato, lettuce (cilantropanini-style), mayonnaise, and Santa Fe Sauce.

Grilled Caprese Sandwich Roma tomato slices, fresh mozzarella, fresh basil, drizzled with a balsamic glaze on grilled sourdough bread. 12 add chicken or Tayen ham \$2

Chi-Tower Beef Marinated Sirloin steak, provolone cheese, roasted red peppers, pepper rings, with a side of au jus sauce.

The B.A.L.T Bacon, avocado, lettuce, tomato, garlic aioli served on grilled sourdough bread..



Pesto Chicken white Italian roll



Turkey & Avocado Panini on white Italian roll

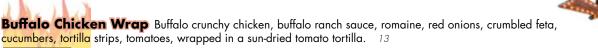


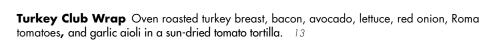
Delicious Wraps

Served with our beer-battered french fries, house-cut potato chips. or pasta salad. Add a House Salad, Caesar Salad or Soup for \$5 (Clam Chowder \$6) with your wrap!

Southwest Chicken Wrap Blackened chicken, cheddar cheese, avocado, corn, black beans, tomatoes, red onion, lettuce, Santa Fe sauce and tortilla strips served in a sun-dried tomato

Chicken Bruschetta Caesar Wrap Marinated chicken breast, tossed with Caesar salad, Parmesan cheese, fresh Bruschetta mix, garlic aioli, wrapped with love in a sun-dried tomato tortilla. 13







Sam-Zones (Calzones)

Add a House Salad, Caesar Salad or Soup for \$4 (Clam Chowder \$5) with your Zone!

Sam-Zone Selma's pizza dough, filled with mozzarella cheese, ricotta cheese, marinara sauce, stuffed with your choice of two ingredients and topped with provolone cheese then baked until golden brown. Tasty! Regular 11 Large 16 Extra Ingredients Regular .95 Large 1.95



West Coast Zone Selma's pizza dough, stuffed with mozzarella cheese, ricotta cheese, Alfredo sauce, spinach, artichoke hearts, topped with provolone cheese then baked until golden brown. Tasty! Regular 12 Large 17



Gluten-Free Menu

We have prepared this suggested menu based upon our supplier information, but it is possible that these items may contain wheat, either from supplier or during the course of normal kitchen preparation due to cross-contamination. We have made every effort to be accurate when screening for gluten; however, we cannot be held responsible for individual reactions to any products. There may also be occasions where the manufacturer has changed ingredients in their product. In addition, while products may not contain gluten ingredients, many are processed on shared equipment or in a shared plant that processes gluten. Selma's has not investigated these sources of cross contamination. Please inform your server that you have a dietary restriction so that we can help make your experience extra special!

Starters

House Salad Romaine lettuce, tomatoes, garbanzo beans and choice of GF Ranch, GF Cilantro Ranch, GF Lemon Vinaigrette, GF Italian, GF Raspberry Vinaigrette, GF Balsamic Vinaigrette or Oil & Vinegar. (Please request no croutons or roll.) Reg. 5.50 Lg. 9.50 add mozzarella Reg. \$1 Lg. \$2

Caesar Salad Romaine lettuce, parmesan cheese & our homemade Gluten-Free Caesar dressing. (Please request no croutons or roll.) Reg. 6 Lg. 10

Tomato Bisque Homemade goodness... (Please request no roll) 6

Gluten-Free Pizzas

You pick the toppings and we will bake it up on our 10" herb seasoned crust or 14" herb seasoned thin crust. All of our toppings are gluten-free except our homemade meatballs.

10" \$14.95 (toppings \$1.85 ea.) and 14" \$20.95 (toppings \$2.95 ea.)

Pepperoni Anchovies Italian Sausage Chicken Andouille Sausage **Blackened Chicken** Ham

Mushrooms Fresh Spinach Fresh Broccoli Sun-dried Tomatoes Extra Sauce +Goat Cheese

Green Peppers Fresh Basil **Red Onions** +Feta Cheese

Artichoke Hearts Fresh Garlic Kalamata Olives Extra Cheese +Fresh Mozzarella +Avocado

Pineapples Onions Pepper Rings Cilantro Jalapeños

Black Olives Fresh Tomatoes

+Vegan Cheese +=extra charge

Gourmet Salads

Buck's Bbq Chicken Chopped Salad Romaine lettuce, tomatoes, provolone cheese, cilantro, green onions, black beans, corn & chicken served in our Gluten-Free Bbq Ranch dressing. (Please request no roll or tortilla strips.) Reg. 12 Lg. 16 add avocado for \$1 (\$2 for large)

Sassy Santa Fe Chicken Chopped Salad Romaine lettuce, tomatoes, provolone cheese, red onions, black beans, corn and blackened chicken served in our Gluten-Free Santa Fe Dressing. (Please request no roll or tortilla strips.) Reg. 12 Lg. 16 add avocado for \$1 (\$2 for large)

Greek Chopped Salad Romaine lettuce, Kalamata olives, feta cheese, artichoke hearts, red onions, tomatoes, and cucumbers served in our Gluten-Free Feta dressing. (Please request no roll.) Reg. 12 Lg. 16

Chicken Caesar Salad Romaine lettuce, parmesan cheese, chicken and our homemade Gluten-Free Caesar dressing. (Please request no croutons or roll.) Reg. 12 Lg. 16

The Fetalicious Baby spinach, candied walnuts, cucumbers, feta cheese, sliced red grapes, Roma tomatoes, tossed in our Gluten-Free Raspberry Vinaigrette. (Please request no roll.) Reg. 12 Lg. 16 add chicken \$2 (\$3 for large)

California Club Salad Romaine lettuce, bacon, cucumbers, green onions, provolone cheese, chicken, avocado, tomatoes served with Gluten-Free Ranch.(Please request no roll.) Reg. 12 Lg. 16

Italian Chopped Salad Romaine lettuce, tomatoes, provolone cheese, olives, green peppers, artichoke hearts, green onions, garbanzo beans, and Genoa Salami served with our Gluten-Free Italian dressing. (Please request no roll.) Reg. 12 Lg. 16

Shrimp Caesar Salad Romaine lettuce, parmesan cheese, sautéed shrimp & our homemade Gluten-Free Caesar dressing. (Please request no croutons or roll.) Reg. 16 Lg. 20

Pastas

Choose any pasta dish and we will substitute it with our gluten-free penne pasta for \$2 (ravioli and lasagna not available)

Side Orders

Grilled Chicken 3 Blackened Chicken 4

Desserts

The GF Mothership fresh-baked Gluten-Free chocolate chip cookie with G-F vanilla ice cream 7.95 Any day Sundae Gluten-Free Vanilla bean ice cream with gourmet Gluten-Free Chocolate Sauce and Raspberry drizzle, topped with Gluten-Free Whipped Cream and a cherry. 5

Beer

Green's Gluten-Free Amber Ale (16.9oz). All- natural ale imported from Belgium. 10