

NUTRITIONAL INFORMATION

	CALORIES	TOTAL FAT (g)	SODIUM (mg)	CARBS (g)	FIBER (g)	SUGARS (g)	PROTEIN (g)
FRESH JUICES							
The Greenie™							
16 oz	90	0	200	20	4	12	4
24 oz	110	0	240	26	4	18	5
32 oz	150	0	390	35	6	23	5
Toxin Flush™							
16 oz	210	0	55	51	2	42	2
24 oz	310	0	80	76	2	62	3
32 oz	410	1	110	102	3	83	4
Green Apple Detox							
16 oz	150	0	0	38	0	36	0
24 oz	220	0	0	58	0	55	1
32 oz	290	0	0	75	0	71	1
The Buzz							
16 oz	200	0	190	47	4	24	4
24 oz	300	0	290	71	5	36	6
32 oz	400	1	390	94	7	48	8
Celery Aide							
16 oz	100	0	200	26	2	22	1
24 oz	150	0	310	39	3	33	2
32 oz	200	0	410	52	4	44	2
Recovery							
16 oz	120	0	330	27	2	14	3
24 oz	180	0	530	40	2	20	4
32 oz	240	0	570	54	3	29	6

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SUPERFOOD SMOOTHIES							
Berry Banana Burst							
16 oz	290	13	10	39	5	26	9
24 oz	410	18	15	56	6	38	12
32 oz	560	25	20	73	9	49	18
Pink Flamingo							
16 oz	200	0	310	47	6	39	3
24 oz	340	0	430	81	9	69	5
32 oz	380	1	630	90	11	76	6
Popeye's Açaí							
16 oz	320	13	30	43	6	30	12
24 oz	450	19	50	60	8	40	19
32 oz	620	27	60	83	11	54	22
Orange Crush							
16 oz	190	1	30	42	2	38	2
24 oz	300	1	40	67	4	60	3
32 oz	390	2	60	84	4	77	4
Tropical Cooler							
16 oz	220	1	135	55	5	39	3
24 oz	320	1	220	79	8	60	6
32 oz	440	1	270	109	11	78	7
Mango Delight							
16 oz	320	12	10	51	3	37	6
24 oz	470	17	15	73	5	51	9
32 oz	640	23	15	102	7	73	12
Elderberry							
16 oz	280	10	10	45	5	30	5
24 oz	460	15	15	80	7	56	8
32 oz	600	21	20	101	8	69	11

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FUNCTIONAL SMOOTHIES							
Health Nut							
16 oz	510	27	90	49	7	32	23
24 oz	710	41	170	60	10	37	34
32 oz	1030	58	190	95	14	61	46
Pineapple Matcha							
16 oz	330	12	35	46	3	19	11
24 oz	500	19	65	68	5	28	19
32 oz	660	24	75	93	7	39	22
Cold Brew							
16 oz	310	6	70	54	3	36	14
24 oz	440	9	105	76	5	50	20
32 oz	590	12	135	101	7	66	27
PB Mocha							
16 oz	540	28	40	55	8	37	23
24 oz	870	45	75	85	14	57	40
32 oz	1070	59	80	100	16	65	47

HANDCRAFTED BOWLS							
Açaí Banana Berry							
	420	13	15	71	7	36	12
Açaí Peanut Butter							
	570	21	10	86	9	48	19
Dragon Fruit							
	460	5	120	97	7	67	10
Açaí Mango							
	430	7	150	84	6	52	10
FUNCTIONAL BOWLS							
Protein Power							
	740	31	90	88	19	44	33
Immunity							
	590	18	15	98	10	53	15
Açaí Superfood							
	470	15	65	75	11	37	15

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ADD-ONS							
Fresh Fruit							
Strawberries	5	0	0	1	0	1	0
Blueberries	5	0	0	2	0	1	0
Banana	45	0	0	12	1	6	0
Sliced Green Apples	5	0	0	2	0	1	0
Pineapple	8	0	0	2	0	1	0
Superfoods							
Superfood Blend	45	3	0	3	2	0	2
Greenie UP	43	1	94	7	4	1	5
Matcha 1 TSP	0	0	0	0	0	0	0
Elderberry 1/4 TSP	1	0	0	0	0	0	0
Protein							
Peanut Butter	90	8	0	3	2	1	4
Almond Butter	110	9	0	4	2	1	4
Vanilla Pea Protein	25	0	90	1	0	0	5
Vanilla Whey Protein	25	0	30	1	0	1	5
Toppings							
Gluten Free Granola	266	11	0	40	3	13	6
Hempseed Granola	213	6	5	35	4	11	6
Peanut Butter Granola	215	10	54	24	3	7	8
Coconut Flakes	2	0	0	0	0	0	0
Chia Pudding	170	10	5	17	5	8	5
Coconut Yogurt	160	13	65	9	2	2	2

WELLNESS SHOTS 2 fl. oz (60 ml)							
Ginger							
	10	0	0	3	0	1	0
Turmeric							
	20	0	0	5	0	4	0